



NEW
GENERATION.
SAME GOD.

MIDDLE SCHOOL CATALOG



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Names carry meaning. They can tell us things about a person and give us a better understanding of who they are.

God is no different! We can learn something about Him from each of the names He has throughout the Bible. And each time we use one of these names, we can remind ourselves of many of His qualities, like His power, wonder, strength, and provision.

These names tell us WHO our God is. And the better we know Him, the better we know who we are and how to live.

GOD OF MANY NAMES

Week One

APRIL 17

Discussion Goal:

To learn God is bigger than we think



ACTIVITY: Name Game (5-10 minutes)

Materials Needed: name tags and pens (could also use sticky notes and tape or paper and tape instead of name tags)

Write the names of famous people on the name tags. Stick them to youths' backs without them seeing it. Youth have to guess the name of the person on their back by only asking yes or no questions to those in their group. Continue until everyone has guessed their person.

THINK IT THROUGH AND TALK IT OUT (15-20 minutes)

LEADER TIP: Choose your questions thoughtfully. Select questions that are relevant to your group's age, experiences, and current understanding of faith. If your group time is super short or busy, at least make sure to discuss the top questions below.

- Names are important. Read [Isaiah 55:8-9](#). What do these verses tell us about God? (e.g., *He's wise, powerful, loving, and different from us.*) Why do you think it's hard to fully understand who God is? (*He's so much bigger than us!*)
- What's a proper name?
 - God has a special, or proper, name: "Jehovah." Why do you think it matters that we know God's proper name instead of us just calling Him "God" all the time?
- How would you explain God to someone who's never heard of Him?

ADDITIONAL QUESTIONS

- Over the next few weeks, we'll learn more about God's many names that reveal something amazing about Him. If you gave God a name, what would it be and why?
- Read [Revelation 1:8](#). How can a wrong view of God affect how we see ourselves? (e.g., *If we think He's angry, we might feel scared, unworthy, or useless.*)
- What are some other names for God besides "God" and "Father?"

PRAY:

Father God, You are Jehovah — the great "I AM" — creator of all things big and small, including each of us. Help us to know You better as we learn more about Your many names over the coming weeks. Amen.

JEHOVAH NISSI – THE LORD IS MY BANNER

Week Two
APRIL 24

Discussion Goal:
To learn we have God on our side



ACTIVITY: Guess the Banner (5-10 minutes)

Divide youth into two teams. Explain that you're about to play a game with flags, and that another name for a flag is "banner." Flags, or banners, are used as a symbol for a group of people. Show one flag image at a time from the [banner document](#). Teams will race to guess the state flag. The first team to guess correctly scores a point. The team with the most points at the end wins!

THINK IT THROUGH AND TALK IT OUT (15-20 minutes)

LEADER TIP: Choose your questions thoughtfully. Select questions that are relevant to your group's age, experiences, and current understanding of faith. If your group time is super short or busy, at least make sure to discuss the top questions below.

- Where do you see the Lord acting as a banner for the Israelites? Read [Exodus 17:8-16](#).
 - What was going on with the Israelites? Who were they fighting, and why?
- We all deal with hard stuff. Share about a situation that's been tough for you.
- If "Jehovah Nissi" means "The Lord Is My Banner," what does it mean to have God as your banner?
 - How does this shift your daily actions/mindsets?

ADDITIONAL QUESTIONS

- After winning the battle, Moses built an altar and named it "The Lord Is My Banner" (Jehovah Nissi). Why do you think he chose this name instead of something like "We Won!"?
- Think about a time you faced a challenge or "battle" in your life (e.g., a test, a fight with a friend, something you were nervous about, etc.). How can the idea of God being your banner help you in those situations?
- Knowing God is your banner, what one thing can you do today to prepare for the challenges you might face tomorrow?

PRAY:

Jehovah Nissi, You are our banner. Thank You for going before us to lead us into victory and guiding us through every trial. You are our constant source of strength and assurance in the midst of everyday challenges, and we love You. Amen.

BIBLE BITE: "Jehovah" is a super old way of writing God's name in Hebrew, kind of like how we used to write "you" as "thou." In English, it's usually written as LORD (all caps). "Nissi" comes from a Hebrew word that means "banner," like a giant flag you wave at a sports game to show your team spirit.

JEHOVAH JIREH – THE LORD WILL PROVIDE

Week Three
MAY 1

Discussion Goal:
To learn God always gives what we need



ACTIVITY: Scattergories(5-10 minutes)

Materials Needed: paper and pen (for each youth)

Give each youth a piece of paper and a pen. They will have one minute to list as many words related to the prompt that start with one of five different letters. (Prompts and letters to use for each round are below.) For each round, all unique answers – meaning the answer hasn't also been written down by someone else – receives one point. Play for as many rounds as time allows. The youth with the most points wins!

| ROUND 1 | ROUND 2 | ROUND 3 |
|--|--|---|
| Prompt: In a typical school day I need... | Prompt: When I go to the beach I bring... | Prompt: My camp packing list includes... |
| Letters: P, A, F, C, and M | Letters: F, W, B, M, and R | Letters: H, M, D, O, and F |

THINK IT THROUGH AND TALK IT OUT (15-20 minutes)

LEADER TIP: Choose your questions thoughtfully. Select questions that are relevant to your group's age, experiences, and current understanding of faith. If your group time is super short or busy, at least make sure to discuss the top questions below.

- The Bible is full of stories of people who needed something, but God often provided for them in unexpected ways. Read [Genesis 22:1-14](#). What did God ask Abraham to do?
 - Why do you think Abraham didn't argue or rebel?
 - What happened instead of Isaac being sacrificed? What new name did Abraham give the place? (Genesis 22:14)
- "Jehovah" is another way of saying "Lord," and "Jireh" means "provider," so "Jehovah Jireh" means "The Lord Will Provide." Why do you think Abraham called the place "The Lord Will Provide"?
- What God asked Abraham to do wasn't easy. What's the hardest decision you've ever had to make?

ADDITIONAL QUESTIONS

- Share a time when you felt God provided for you, even in a small way.
- What are some situations where you might need God's provision — for Jehovah Jireh to meet you — right now? (e.g., friendship drama, schoolwork stress, sibling issues, etc.)
- Read [Genesis 22:2](#) and [John 3:16](#). How does the story of Abraham and Isaac foreshadow what Jesus did for us? (Just like God provided Abraham with a sacrifice, He sent Jesus to provide a way for us to have a relationship with God.)
- How do these verses show God's love and sacrifice for us?

PRAY:

Jehovah Jireh, thank You for being our provider. This week, help us to remember Your promises, especially in times of struggle or doubt. Remind us You are always working for our good, even when we can't see it. Amen.

JEHOVAH RAPHA – THE LORD WHO HEALS YOU

Week Four
MAY 8

Discussion Goal:
To learn God can heal anything



ACTIVITY: Walking Thumbs-Up Freeze Tag (5-10 minutes)

One youth is chosen as “It.” Everyone else walks around with one hand behind their back and the other held out in front giving a thumbs-up. “It” tries to tag the other players, “injuring” them. Injured players must freeze in place with their thumb down, and they can only be healed (or unfrozen) by another player tagging that hand with the thumb down. The game is won when all players have been injured (frozen) or after three minutes and at least one player remains healed. Choose another youth to be “it” and play again.

THINK IT THROUGH AND TALK IT OUT (15-20 minutes)

LEADER TIP: Choose your questions thoughtfully. Select questions that are relevant to your group’s age, experiences, and current understanding of faith. If your group time is super short or busy, at least make sure to discuss the top questions below.

- Read [Exodus 15:22-26](#). Moses encounters a situation where the water is bitter and unusable. What does God promise He will do for the Israelites if they follow His guidance? (Verse 26)
 - What are the four things God asked the Israelites to do?
- Read [1 Peter 2:24](#). Why do we need a healer in our lives?
- Jehovah Rapha means “The Lord Who Heals You.” How have you experienced Jehovah Rapha in your life?

ADDITIONAL QUESTIONS

- How did Jesus act as a healer? (*He healed people physically and offered forgiveness of sins.*)
- Sometimes healing doesn’t happen the way we expect. How can we handle situations where prayers for healing (physical and emotional) seem unanswered? (*Focus on trusting God’s plan even when we don’t understand.*)
- What kind of healing do you or someone you know need? Write a prayer to Jehovah Rapha, sharing your hope of healing. (*This is a good time to address that praying to God for healing doesn’t mean it will automatically happen. But it’s good for us to talk to God about these things and hope in His healing power.*)

PRAY:

Jehovah Rapha, our healer. Thank You for being our guide and fulfilling Your promises. We trust in You, even in difficult times. Please heal those we know who need it. Amen.

JEHOVAH SHALOM – THE LORD IS PEACE

Week Five
MAY 22

Discussion Goal:
To learn we always have access to peace



ACTIVITY: Silent Ball (5-10 minutes)

Materials Needed: piece of paper

Have your group stand in a circle and crumple up a piece of paper into a ball. Youth will throw the ball to each other, and the receiver must catch it when it is thrown to them. If a youth drops the ball when it is thrown to them, or talks at any time, they are out and must remain silent. If the ball is uncatchable, the player who threw it is out. The last player standing wins!

THINK IT THROUGH AND TALK IT OUT (15-20 minutes)

LEADER TIP: Choose your questions thoughtfully. Select questions that are relevant to your group's age, experiences, and current understanding of faith. If your group time is super short or busy, at least make sure to discuss the top questions below.

- Let's read [Judges 6:16-24](#). Who is Gideon talking to? (*The Angel of the Lord*)
- What new name does Gideon give to God? (*Verse 24*)
 - Why do you think Gideon needed peace in this situation?
- Jehovah Shalom means "The Lord is Peace." What does it look like to turn to Jehovah Shalom in tough times? What are some practical ways we can do that?

ADDITIONAL QUESTIONS

- Reread [Judges 6:22-24](#) and [Exodus 33:20](#). How would you describe "peace"?
 - What does having "peace" look like in your life? (e.g., *feeling calm, no arguments, trusting God, etc.*)
- Read [Galatians 5:22-23](#). How do you think our relationships and attitudes can be impacted by things like harmony, comfort, and calmness?
- How can we experience and share Jehovah Shalom with others?
- This week, what can you do to create peace in your family, school, and community? (e.g., *apologize to someone, be a good listener, help others, etc.*)

PRAY:

Jehovah Shalom, thank You for being a constant source of peace in our lives, bringing harmony, calm, and comfort when we face tough challenges. Help us to bring peace to our home, school, and communities. Amen.

JEHOVAH SHAMMAH – THE LORD IS THERE

Week Six
MAY 29

Discussion Goal:
To learn we ALWAYS have God with us



ACTIVITY: We're Going There (5-10 minutes)

Materials Needed: piece of paper

Share that in this game, you are all going to camp and will have to think of different items you need when you get there. Have one youth start the game by finishing this statement: "My name is [name], and I'm bringing _____," followed by an item that starts with the first letter of their name. The next youth says, "My name is [name], and I'm bringing _____," and then lists the item the first youth said, then adds their own item that starts with the first letter of their name.

Continue with each youth repeating the items that came before them and then adding their own. Forget an item or mess up the list, and you're out of the game and can't go camping "there!" Keep going until one player remembers everyone or everyone has had a turn. If time allows, play for additional rounds with these categories: going to school, going on a cruise, going to the beach, etc.

THINK IT THROUGH AND TALK IT OUT (15-20 minutes)

LEADER TIP: Choose your questions thoughtfully. Select questions that are relevant to your group's age, experiences, and current understanding of faith. If your group time is super short or busy, at least make sure to discuss the top questions below.

- Read [Ezekiel 48:30-35](#). What is being described in this passage?
 - What message of hope does God give the people about being separated from Him?
 - The Lord promises to never leave the Israelites. In what verse do you see the name of God "Jehovah Shammah" (The Lord Is There)?
- God was reassuring the Israelites He would never leave Jerusalem, even in tough times. Share a time you felt God's presence during a difficult situation.
- How does it make you feel knowing God is always there? How does it grow your faith?

ADDITIONAL QUESTIONS

- How does knowing God is always there for you change the way you face challenges? (e.g., you feel less alone, have more courage, more confidence, etc.)
- What are some ways we can remind ourselves daily that Jehovah Shammah is with us?
- How can knowing God is always there can influence the way you treat others? (e.g., more kindness, compassion, understanding, etc.)

PRAY:

Jehovah Shammah, thank You for always being with us, just like You were with the Israelites. Even when things seem hard or scary, we know You are there, watching over us and caring for us. Help us to feel Your presence and to trust You will always be there for us, no matter what. Amen.

BIBLE BITE: Written by a prophet of God named Ezekiel, chapter 48 is a prophecy about the restoration of Israel to give the people hope.

"Ezekiel experienced the horror of seeing the glory of God departing from the temple in a vision (Ezekiel 11). Then he saw it return (Ezekiel 43:5). Now, in the new name for the city, he received the assurance that God would remain." ([Blue Letter Bible](#))